

101 Things to Do on Coffs Coast





Woven between the mountains and the sea, Coffs Coast is a breath-taking tapestry of colour, encompassing quaint villages, national parks, mountain escarpments, 90 km of sandy beaches, islands and marine reserves.

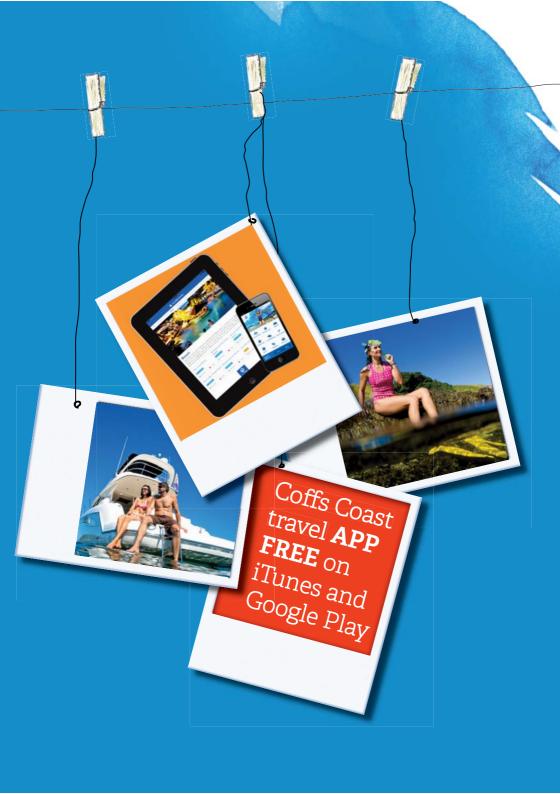
Located half way between Sydney and Brisbane on the North Coast of NSW it is an idyllic destination that you'll never want to leave.

Here is your chance to discover 101 Things to Do on Coffs Coast and enjoy an exciting array of tours, experiences and attractions. Use this guidebook to inspire you on the 'must-see', 'must-do' activities in the region.

From zorbing to scuba diving; crab racing to surf rafting we have it all right here on the Coffs Coast

where memories are made

www.coffscoast.com.au





#1 Ride a SUP

SUP or stand up paddle-boarding is "like walking on water". If you want to try something new, Coffs Coast is a great place to get on a SUP. It suits any age or level of experience.

Enjoy the beautiful water ways with Mangrove Jacks, C Change Adventures, Coffs Jetty Stand Up Paddleboard Hire, Skee Kayak SUP Board Centre or the Solitary Islands Surf School. Paddle around Coffs Jetty, Boambee Creek, Bonville or Pine Creeks, on the Northern Beaches or at Red Rock.

#2 Wine Tasting

From Rose' to Ginger Wine; Chardonnay to Muscat; the region's award winning wines have got your taste buds covered.

Perch yourself alongside the reflective waters of the Bellinger River, surrounded in vines, sipping an a Villard Blanc and nibbling on a platter of cheese at **Raleigh Winery** or you might like the rolling green hills and hinterland as a backdrop while tasting a Blush, Chambourcin or Chardonnay at **Two Tails Winery** in Nana Glen.

#3 Aboriginal Culture

Story telling is one of the great Aboriginal ways of passing down history and information, why not hear some of the wonderful stories of the local cultures, Gumbayngqirr tribe and rituals through:

- a free guided walking tour with Coffs Ambassador Tours,
- a guided experience with NPWS Aboriginal Discovery Rangers.
- or choose from a great range of tours, experiences, gallery and cafe at the Yarrawarra Aboriginal Culture Centre in Red Rock.

#4 Go 4x4 Driving

Few 4X4 spots are as accessible and picturesque as the Coffs Coast. Beaches, hinterland trails & stunning rainforest tracks to be explored.

- Boambee Beacl
- Hearnes Lake Beach or Widow Maker in Woolgoolga
- McCanns Fire Trail and Mount Coramba, West Coffs
- · From Peak Trail in Boambee to Friday Creek
- Rover Fire Trail, Bruxner Park

Check track grading prior to departure. 4x4 book for sale at **ARB 4WD and Ute Extras** Coffs Harbour. Online 4x4 guide at www.coffscoast.com.au/trails

#5 Jump on a Segway

It takes only moments to learn but forever to get the smile off your face! Riding a Segway with **Timeout Adventures** feels like nothing you've experienced - zoom around the grounds of the Novotel Pacific Bay Resort, through a tunnel, traverse a hill, hit the bush and experience the all-terrain Segway at its best on this 1 hour adventure.

Looking for something new? Try Segway Golf, it's the easiest way to get around a 9 hole course ...with your clubs attached.



#6 Scuba Dive

With names like Manta Arch, Grey Nurse Gutter, Turtle Cove, Cod Rock and Fish Soup it's easy to see why the Solitary Island Marine Park is such a popular diving location. Tropical waters of the north and cooler southern oceans create ideal sites for new and experienced divers.

Meet our resident underwater turtles, sharks, fish and even Nemo - the clown fish endemic to these waters with Jetty Dive and Dive Quest.

#7 Hit a Round of Golf

voted golf resort and the only 27 hole course on the Mid North Coast. Be it coastal or bush land setting Coffs Coast boasts some beautiful and challenging fairways. 9 hole courses include Bellingen Golf Club, Dorrigo Memorial RSL & Golf Club, Pacific Bay Golf Course, Opal Cove Resort and C.ex Urunga. Woolgoolga RSL Golf Club sports 13 holes, Bonville Golf Resort and Sawtell Golf Club 18, and Coffs Harbour Golf Club

#8 Meander a Market

Pick up some great arts and craft products at::

- Bellingen 3rd Saturday of the month
- Coffs Uptown, Jetty Village & Harbourside on Sundays
- Made With Love Market, grtly at Park Beach Plaza Carpark
- Dorrigo 1st Saturday of the month
- Glenreagh 1st Saturday of month
- Sawtell 4th Sat of month
- Woolgoolga Beach 2nd Saturday of the month and Bollywood, 1st & 4th Saturday of the month

#9 Go Caravanning

Free camping is available in any of the State Forest areas on Coffs Coast, alternatively popular Caravan Park locations to enjoy, include:

- Bellingen
- Coffs Harbour and Park Beach
- Northern Beaches Emerald Beach, Moonee Beach, Woolgoolga and Arrawarra Beach
- Southern Beaches Mylestom, Sawtell Beach and Urunga

#10 Join a Cooking Class

Learn how to make a variety of pastas, tapas, breads or cheeses from scratch, in a one-day 100% hands-on workshop with The Cheesemaking Workshop. Make Japanese sushi at Jian Sushi. Interested in preserving your small goods? Look out for Pig in a Pickle to make pancetta, sausage making and more at Nana Glen.

Whatever gourmet skills you decide to learn, each lesson will also include sitting down to tuck into your culinary delights.



#11 Birdwatching

Grab some binoculars to admire some of the 300 bird species on Coffs Coast including rare and endangered species such as the Rufous Scrub Bird.

Rainforest bird watching spots include Dorrigo National Park, Sherwood Nature Reserve and Woolgoolga Creek, While Red Rock, Coffs Creek, Boambee Creek, Urunga or Bongil Bongil National Park are good for viewing water and sea birds. Want to join a tour? Enjoy a breakfast with the birds tour at Dorrigo NP.

#12 Dine Alfresco Style

Some favourite alfresco dining spots as voted by our visitors:

- Anchors Wharf Urunga
- Oak Street Food and Wine, Federal Hotel Bellingen
- Canopy Cafe Dorrigo
- Park Beach Surf Club, Mangrove Jacks at the Promenade, Latitude 30 - Coffs Harbour
- Horizons Restaurant & Bar Opal Cove Resort
 - Pasfields Restaurant Korora
- Beachstone Sapphire
- Bluebottles Woolgoolga

#13 Go Karting

Want to experience the thrill and exhilaration of a go kart? 2-stroke racing karts are available at **F1 Kart Hire** on their outdoor go kart raceway for those aged 7 and above. Electric cars also available for 4-6 year olds.

At **Raleigh International Raceway** you will find a 1.1 km adrenalin lap for single and double go karts as well as 'drift' motor cars

#14 Mountain Biking

If you have your own bike you can take to the bush, coastal and hinterland tracks on 2 wheels with dozens of trails and rocky routes to explore.

Some popular tracks include 'Cows with Guns' and the 'Sawmill Track' at Pine Creek mountain bike park Bonville, just 15 minutes south of Coffs Harbour.

#15 High-Tea

Looking for a touch of class with an elegant afternoon sipping tea? Then make sure you book in for High-Tea at **The Secret Garden** nestled amongst a serene plant nursery with scones, sandwiches and canapés. **Sunnyhill Retreat Bonville** provide savoury and sweet delacacies on their nature-based property for 6-20 people. Closer to town, **Precious Petals** serve High-Tea for four people in their quaint floristry and **Rendezvous' Private Dining Room** at the Cex Club in Coffs Harbour offer High-Tea with a tea-pot cocktail twist for groups of 20-60 quests.



#16 Visit a Gallery

You will love the creative works at:

- · Bunker Cartoon Gallery, Coffs Harbour
- Coffs Harbour Regional Gallery
- Dorrigo Rainforest Centre
- · Jeffrey Baker, Coffs Harbour
- Nexus Galley, Bellingen
- Opal Centre, Coffs Harbour
- Opar Certire, Coris Harbor
- · Wadjar Gallery, Arrawarra
- · Woolgoolga Art & Craft Gallery

#17 Stroll Muttonbird Is.

Part of the Solitary Islands Nature Researve, Giidany Miirlarl ('moon special place') also known as Muttonbird Island is easily accessable and connected to the mainland by a breakwall. Walk the island and meet whales in winter or Wedge-Tailed Shearwaters (Muttonbirds) in the summer.

National Parks also offer guided tours with Gumbaynggirr Elder and Ranger Mark Flanders to learn of the history, stories, highlights and Aboriginal signficance of the island.

#18 Butterfly House

Come and meet some beautiful and gentle locals at the Coffs **Butterfly House**. Be fascinated as hundreds of live Aussie butterflies show off their colours and patterns in their all-weather, temperature-controlled tropical rainforest-styled environment.

Share in their world and learn all about the butterfly life-cycle of the Blue Triangle, the Cruiser, the Ulysses, the Wanderer or many others. The butterfly may even mistake you for a flower and land on your head, shoulders or arms.

#19 Scenic Flight

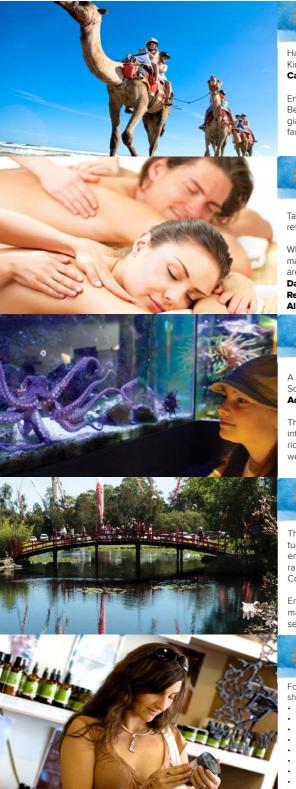
Take a scenic helicopter flight over the sensational turquoise coastline, beautiful beaches, mountains and hidden waterfalls of the Coffs Coast region with **Precision Helicopters**. Also on offer are resort transfers to lunch or for your wedding.

Or if fixed wing flying is more your style, the **Midcoast Microlights** offers scenic flights in and around the region.



#20 Beans and Blends

For series bean lovers, look no further than the artisan roasting at **Artisti Espresso** offering freshly roasted syphon, V-cup and cold drip coffee extractions along with Barista classes. **Amelia Franklin Coffee Roasters** provide 100% Fair Trade Organic Coffee and Tea along with cupping classes, while locally grown **Kasaroma** quality award winning coffee is available through The Happy Frog Café. For the lovers of leaves, try the beautiful tea blends at **The Red Sparrow**.



#21 Beach Camel Rides

Have you tried Camel Riding? Climb aboard Candy, Golly, Mario, Kim and Honey - the bevy of five beauties with **Coffs Coast Camels.**

Enjoy a unique ride along the pristine stretch of Boambee Beaches' golden sands and experience the thrill as these gentle giants take you for a splash in the surf. A must-do for the entire family.

#22 Get Pampered

Take the time to truly unwind at one of Coffs Coasts' spa retreats.

Whether it's a full body scrub, Vichy Shower, float in a tank, massage or facial - different types of head-to-toe treatments are available from **Mi-Time** at Aanuka Beach Resort, **Retreat Day Spa** at The Promenade, **Tranquillity Beauty and Massage Retreat** at Novotel Pacific Bay Resort, **Tree of Life** in Sawtell and **Alchemy** in Bellingen.

#23 Visit an Aquarium

A fantastic way to experience the underwater world of the Solitary Islands Marine Park is to visit the **Solitary Islands Aquarium**.

This attraction offers a theatrette showing marine-life footage, interactive displays, tanks and a chance to experience the richness of the underwater world environment up close. Open weekends and NSW school holidays.

#24 Botanic Gardens

The **Coffs Harbour Regional Botanic Garden** is a hidden jewel tucked into a bend of Coffs Creek, showcasing rare and endangered Australian species, a variety of native habitats and rainforests as well as exotic plant species that thrive in the Coffs Coast climate.

Enjoy free guided or self-guided walks through a world of plants: mangroves, boardwalks, glasshouse exotics, bush tucker and sensory areas, garden cafe and the new tea-house.

#25 Go Shopping

For the boutique and unique or high street main stores visit these shopping precincts:

- Bellingen
- Coffs Harbour City Centre
- Dorrigo
- Park Beach Plaza, Coffs Harbour
- Sawtel
- The Promenade, Coffs HarbourToormina
- Woolgoolga



#26 Learn to Surf

With 90km of coastline to explore, learn how to ride the waves with:

- Coffs Coast Surf School
- East Coast Surf School
- Lee Winkler Surf School
- Liquid Assets
- Sawtell Surf School
- Solitary Islands Surf School
- Spot X

#27 Go Zorbing

If you're up for a crazy good time, jump in a zorb ball. Try it on water with **Timeout Adventures** or grab a group of 10 friends and head to **Coffs Coast Adventure Centre**, get strapped into a 3-metre-high Zorb sphere and get rolled head over head down the hill. You'll be laughing your pants off

If you're still up for a challenge, don a Sumo Zorb and battle it out with your crew. It will be the best fun you have had in ages.

#28 Day Trip by Train

For a unique way to enjoy a day trip why not jump on board a train and visit Sawtell or Urunga? Enjoy the romance and fun of a train journey with **NSW TrainLink**. A relaxing, affordable, safe and comfortable way to see the coastline and countryside with friends and family.

For a trip down memory lane, jump aboard a locomotive or steam train when the **Vintage Train Rides** visit Coffs Coast and enjoy a journey through historic tunnels and coastal scenery.

#29 Scenic Drives

If you look up 'scenic drive' in a dictionary your sure to find Coffs Coast. Well... if not, it should be, as the region here provides stunning landscapes from alpine through to subtropical and pastoral farmlands to cruise through.

Some top touring routes to try include Waterfall Way, Northern Forests Drive, Southern Beaches, touring route 19, World Heritage Wanderings and more. Go to www.coffscoast.com.au

#30 Get Kissed by a Seal

Step through the doors of **Dolphin Marine Magic** and you will be surrounded by peacocks, little penguins and turtles, but it's the seals that most visitors want to be kissed by.

Don't miss out on meeting Cindy, Maxine, Athena, Adelaide, Rocky or any of the other resident Australian Seal Lions for your free wet kiss. They are just adorable.



#31 Go Bananas

People the world over have heard of the **Big Banana**, and may have posed in front of it for a photo, but did you know that this 1915 icon offers a toboggan ride, ice skating rink, water park, laser tag arena, the world of bananas theatre & plantation tour, candy making kitchen, nursery, cafe, gift shop and a 36 hole mini qolf course?

After you have exhausted yourself with the activities make sure you tuck into a chocolate coated banana or banana split.

#32 Visit a Lookout

Popular headland and lookout spots include:

- Boambee Headland
- Dorrigo Skywalk
- Griffiths Lookout, Dorrigo
- Look At Me Now Headland, Emerald Beach
- Muttonbird Island
- Point Lookout
 - Korora Lookout and Forest Sky Pier, Sealy Lookout
- Woolgoolga Headland

#33 Taste the Trail

Embark on a journey of some regional highlights where you can not only consume the tasty delights but watch them at work, learn their secrets and in some cases roll up your sleeves and get your hands dirty.

For some local suggestions view the online Coffs Coast Tasting Trail guide that takes you from beach to bush, coast to country and back again. **www.coffscoast.com.au/tasting-trail**

#34 Bushtucker Tour

For Aboriginal people, the coastal forests of Bongil Bongil NP, Muttonbird Island, Arrawarra, Look at Me Now Headland and other special spots provide a supermarket, pharmacy and hardware store all in one. Learn about traditional uses of plants and animals as well as Gumbaynggirr names for bush foods and hear about traditional practices. Tours and experiences are available with NPWS - Aboriginal Discovery Rangers, Coffs Ambassador Tours and the Yarrawarra Aboriginal Cultural Centre.

#35 Marvel at a Museum

The **Coffs Harbour Regional Museum** showcases objects covering a wide range of social and industry periods in local history. Admire collections and exhibitions reflecting maritime and hinterland waterways, the gold mining period along with timber logging and cutting trade which played a vital role in the development of the Coffs Harbour region.



#36 Go Geocaching

Geocaching is a fun, free, high-tech treasure hunt that can be enjoyed by the whole family. All you need is a GPS receiver or a geocach GPS app on your mobile phone to find caches (treasures) hidden by other players. Simply look up www.geocaching.com.au and find a location to get you started. It's a popular way to get outdoors and into the environment. Coffs Coast has plenty of caches to choose from with names like 'a dog's best friend', 'plenty of bananas', 'Diggers view' and 'Bello below'.

#37 Getting Racy

The biggest event on the **Coffs Harbour Racing Club** calendar is the Coffs Harbour Gold Cup. It is held on the first Thursday in August while other feature race days are held throughout the year to please race-goers and the social set alike.

Whether you're a mare or a colt, a day out at one of the 15 race days on Coffs Coast is well worth a visit.

#38 Go Rafting

Surf Rafting is white water rafting in the ocean! **Liquid Assets** have pioneered this Australian adventure activity, offering rafts and experienced guides who will have you surfing the waves with plenty of thrills and spills.

Or, why not take to the rapids and beautiful scenic gorges of the Nymboida River on a full day white water rafting trip? This is a truly memorable experience.

#39 Horseriding

Make some new four legged friends. This is a beautiful way to ride along bushland paths, within pristine forested areas and through the streams with **Valery Trails and Horseriding Centre** and **S&K Horse Connections.**

If you want to swim with your horse, saddle up with **HWH Stables** for a literal river ride or take rein and share a beach ride with someone special.

#40 Go Cycling

Discover over 20 cycling routes with maps and descriptions on www.coffscoast.com.au/trails. From quiet nature rides to coastal headland trails, there are enough routes to keep you entertained for a week.

If you are looking to hire a bike **Ventoux Cycles** & **JR Cycles** in Coffs, **Woodseys Wheels** in Woolgoolga and **Sawtell Board & Bike** will set you up with all the gear before you head off on the endless network of bike routes.



#41 Meet the Growers

Home made teas, fresh groceries, nuts, locally created condiments and many more produce items sold direct from the farmers. Growers and produce markets are available at:

- · Bellingen, 2nd & 4th Sat of the month
- Coffs Harbour city centre, Thursdays
- Coffs Harbourside, Jetty Foreshores, Sundays

#42 Mini Olympics

Action Zone Xtreme with **Timeout Adventures** is a high energy, fun zone for families.

Try walking on water with their Ozbobbles, slam dunk the basketball on the bungee challenge and race each other on the Adventure Rush giant obstacle course or climbing wall. The kids can also climb and slide on the bouncy castle or play Giant Ten Pin bowling.

#43 Pack a Picnic

If you are looking for a romantic lunch in nature or a fun and cheap family meal outdoors, why not pack a picnic and enjoy some of the beautiful surrounds on Coffs Coast? **The Spare Chef** or **Boutique Picnique** can create a special picnic platter or hamper for your special outing.

Our visitors love picnicing at: Moonee & Woolgoolga Beaches, Boambee Beach Reserve, Jarret Park in Bellingen, Never Never River Glennifer and Mylestom Riverside.

#44 Go Skydiving

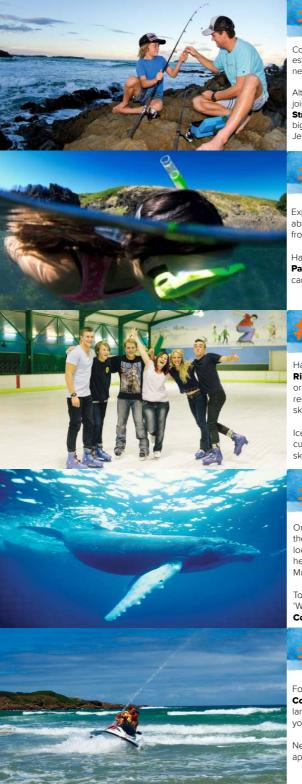
Skydiving is the ultimate in excitement and fun! Face your fears and set yourself free! Your reward will be memories of freedom and flying like a bird over the amazing Coffs Coast.

You are invited to come and get high with **Coffs City Skydivers**, offering the highest skydiving in Australia. Try a tandem skydive with either a beach or grass landing or you can learn to skydive solo with the accredited courses being offered.

#45 Play Centres

Indoors, the award winning **Tabatinga Family Fun Centre** includes a large toddler area and glow-in-the-dark mini-golf. Spring into action with **Flip Out** and **Springloaded Trampoline Park. The Big Banana Laser Tag** is a big hit with kids of all ages.

Outdoors, Coffs Coast is one big adventure playground. If your kids are looking for some safe play equipment, visit Boambee Reserve, Brelsford Park, North Sapphire Beach and Woolgoolga Reserve.



#46 Fishing

Coffs Coast is renowned for fish-filled waters including rock, beach, estuary and deep sea fishing. Cast a line from any of the top spots near the shore or in sheltered waters for bream, whiting or bass.

Alternatively, head straight out to the prized fishing spots when you join a fishing charter boat with Coffs Coast Sports Fishing, Game Striker, KC's Fishing Charters or Cougar Cat 12 for some of the big catch. You could be reeling in Pearl Perch, Snapper, Flathead, Jewfish, Amberjack, Trag, Cobia, Kingfish and in season, Tuna.

#47 Go Snorkelling

Explore the Solitary Islands Marine Park snorkelling amongst the abundant fish life of the Islands' sanctuary zones. See everything from turtles to stingrays and hundreds of varieties of fish.

Half day snorkelling tours are available with either **Jetty Dive** or **Pacific Explorer** to discover what this unique mix of marine life can offer.

#48 Ice Skating

Have fun in the coolest place in town, **The Big Banana Ice Rink**. Ice skating is available for public sessions during the day or night. Also on offer are private skating sessions, a nationally recognised Learn-to-Skate program for figure skating, speed skating or ice hockey.

Ice skating is so easy to try, so get your blades on and start cutting up the ice - whether you are a beginner or seasoned skater you can enjoy a spin around the ice rink.

#49 Whale Watching

One of the best spots on the East Coast of Australia to view these magnificent creatures of the deep is Coffs Coast. Top locations include Woolgoolga's aptly named 'whale watching headland', Look at Me Now Headland Emerald Beach, Muttonbird Island and Sawtell Headland.

To get up close go on a whale watch adventure with the fast 'Wild Fin' boat with **Jetty Dive**, **KC Fishing Charters**, the **Cougar Cat 12** catamaran or sail on board the **Pacific Explorer**.

#50 Hire a Jet Ski

For some wet fun with a side of adventure, hire a jet ski with **Coffs Harbour Jet Ski Hire** at Park Beach. They offer the largest hire area on the East Coast of Australia. If you are lucky you might spot some turtles and dolphins.

New jet skis are provided each year, they are NSW Waterways approved and there is no licence required for you to hire.



#51 Visit the Marina

Whether you are looking for safe anchorage to moor your vessel in the Harbour or simply admire the boats on display, the **Coffs Harbour International Marina** is an attraction in its own right.

Watch the fisherman pull in their daily catch, stroll to Muttonbird Island or enjoy over 10 shopping, dining and leisure retailers at the marina. Whale watching and deep sea fishing trips also depart from here.

#52 Get Married

On the beach, in a chapel, surrounded in lush gardens, the location is left only up to your imagination. Have you considered?

- Coffs Harbour Breakfree Aanuka Beach Resort Chapel, Coffs Harbour Regional Botanic Gardens, Villa Vivante
- Northern Beaches Marlowe House, Opal Cove Resort, Paradise Palms Chapel
- Southern Beaches Bonville Golf Resort
- · West Hinterlands Friday Creek Retreat, Orara Valley Estate.

#53 Compete Outdoors

Making the most of the diverse landscape and the great scenery, Coffs Coast is host to some top adventure races, ocean swims, triathlons, runs, cycle events and more.

Each year we stage the Coffs Cycle Challenge, the Pleasure and Pain mountain bike race, the Jetty Ocean Swim, Coffs Harbour Triathlon, Pittwater to Coffs Yacht Race, National Outrigger Titles, Sailing Regatta's and the Coffs Half Marathon just to name a few. More details at www.coffscoast.com.au.

#54 Art and Crafts

From ceramics to fine art, jewellery to locally made crafts, here on the Coffs Coast you can meet with the artists themselves and see the craft coming to life.

Bellingen Butter Factory, Dervish Gallery Bellingen, Jeffrey Baker Coffs Harbour, Judy Bailey Studio Raleigh, Pinnata Gallery Dorrigo, Sharkey Fibre Art Urunga, Southern Cross Pottery Boambee, Woolgoolga Art & Craft Gallery and Yellow Shed Bellingen display a variety of creations or look out for Australian Wildflower Jewellery at The Butterfly House,

#55 Water Park

The **Big Banana Water Park** is the biggest water park between Sydney and the Gold Coast, taking you to heights of over 4 stories before decending on 1 of 4 world class thrill slides. The kids Aqua Tower and slides with tipping bucket is for the smaller adventurers.

South of town, **Raleigh International Raceway and Waterpark** has two 120m raft slides, body slides and toddler slides as well as swimming and wading pools for special group bookings.





#56 Go Vodka Tasting

Did you know that **Red Dirt Distillery** makes the only potato based vodka in Australia? A boutique distillery manufacturing handcrafted vodkas and Italian style specialty sweet liqueurs based in Dorrigo, their flagship Vodka is made from local red Sobago potatoes and its flavour and bouquet is "warming" rather than "burning". Liqueurs are also made in-house using spirits and infusions of local herbs, flowers and fruits, most of which is grown locally.

#57 Stroll the Jetty

Offering wonderful views out to the Pacific Ocean, Muttonbird Island, the Marina and main land, this historical icon is the perfect place to stroll hand in hand with a loved one, friend or even to enjoy the tranquillity on your own.

The Jetty is a great base for activities from; swimming to boating; photography to kayaking it is a landmark worth enjoying.

#58 Float Down a River

What a fun activity for the whole family. Make the most of your day and head out to Dingo Creek, Upper Orara with your rafts, tubes, floaties or lilos for a float down the river or jump in a swimming hole near Platypus Flat on the Nymboida River to cool off.

Other spots for the littlies in quiet waters include the Bellinger River at Promised Land or Orara River at Coramba.

#59 Award-Winning Dining

Whether it has been recognised by the Australian Good Food Guide, the 100 Mile Culinary Challenge or other national gourmet associations, Coffs Coast won't disappoint with culinary delights from:

- Fiasco, Coffs Jetty
- · Macauleys Restaurant, Park Beach
- Flooded Gums, Bonville Golf Resort
- · Latitude 30, Coffs International Marina

#60 Experience a Festival

Coffs Coast stages over 50 festivals and events every year. From Jazz to Chilli, sailing to Buskers, there is an event to interest just about everyone.

A major event is staged every month within the calendar on Coffs Coast. Some key major events are listed on page 25 of this guidebook, so make sure you come and join in on the festivities.



#61 See Some Candy Making

For the sweet tooth, **The Candy Kitchen** at the Big Banana won't disappoint. Watch as they make delicious and colourful candy seven days a week. You can't miss them as candy making demonstrations take place six times a day from 10am until 2:30pm.

If you are looking for something special, don't forget to ask The Candy Man about your own personalised candy.

#62 Dirt Biking

Trail bike riders you will love getting into the regions' diverse terrain, from sandy fast trails, leafy tight rainforest tracks and up big hills. If you have your own bike and are looking for a guided tour, **Detour** provide 1-7 day rides including Bellingen, Taylors Arm (The Pub with no Beer), Dorrigo, Mt Hyland, Arrawarra Beach and more! Included in the trips are experienced local trail guides, all fuel after the first tank, trailside lunches and snacks, accommodation on overnight tours, and a support vehicle to carry your overnight bags, food and fuel.

#63 Wildlife Encounters

- · Bellingen Island, Flying Foxes
 - Bongil Bongil NP, Koalas
- Dolphin Marine Magic, Dolphins, Seals, Penguins, Turtles
- Dorrigo NP, Quolls, Pademelons
- Look At Me Now Headland, Emerald Beach, Kangaroos
- · Muttonbird Island, Wedge-tailed Shearwaters
- Platypus Flats, Platypus
- Solitary Islands Aquarium, Fish
- Solitary Island Marine Park, all marine life Fish, Sharks, Rays
- Woolgoolga Headland, Whales

#64 Get your skates on

Have you heard of a boneless, casper slide, tic tac or ollie? -Never mind. Even if you're a beginner to the skateboard scene and can't speak the lingo you're still welcome.

Dedicated skateboard parks are Jarretts Park in Bellingen, Brelsford Park Coffs Harbour, Coffs Harbour Sk8 Park on Bray Street, Urunga, Corindi Beach, Woolgoolga, Toormina in Minorie Drive and Tyringham St in Dorrigo

#65 Enjoy a Bushwalk

Coffs Coast has over 20 National Parks and 11 State Forests. Some popular walks include:

- Rainforest Walk, Bruxner Park Flora Reserve
- Coachwood Walk, Nymboi-Binderay National Park
- Crystal Shower Falls, Dorrigo
- · Bundagaree Walk, Bongil Bongil National Park
- Sherwood Nature Reserve, Woolgoolga
- · The Syndicate Ridge, Dorrigo
- Wonga Walk, Dorrigo



#66 Kayak or Canoeing

Discover the Bellinger River with **Bellingen Canoe Adventures**, an unforgettable experience exploring the rich flora and fauna, estuaries and creeks. Find bridges to limbo under and swim in the clear waters. Hire a canoe and create your own adventure. **C Change** Adventures in Sawtell also offer wonderful canoe and kayak tours along with equipment hire for use in the tranquil

waters of Boambee Creek.

Alternatively, if you are looking for an expert to help you with your paddling skills, contact **Skee Kayak Centre.**

#67 Carob Factory Tour

Watch chocolate enrobing or honeycomb, nut brittles, fudges and creams being made at **Carobana**, a family owned confectionery factory and retail outlet open Monday to Saturday.

It's free entry, so make sure you join a tour of the factory to learn all about the yummy qualities of Carob and the products being made. Afterwards there are free product tastings - look out for soy carob, honeycomb clusters and carob coated dried banana's.

#68 Boardwalks

Boardwalks are a great way to access some beautiful mangrove areas, an estuary or a pocket of rainforest. Explore:

- Cabins Beach, Arrawarra
- Carrall's boardwalk, Coffs Creek
- Coffs Harbour Marina
- Corindi
- North Coast Botanic Gardens
- Urunga
- Woolgoolga Falls

#69 Learn to Fly

Want to feel the wind beneath your wings or blades? Coffs Coast can offer you fixed wing flight training with an introductory flight with **Coffs Aero Club**. The latter also offer recreational flight training. If you want to take your flying skills a step further and become a professional commercial pilot, speak to **Professional Pilot Training.**

For those keen on learning 'chopper' skills then **Precision Helicopters** can offer a 30-minute 'hands-on' lesson.

#70 See Some Live Music

Gigs and live music are available all across the region, some of the key venues with some great line-ups include:

- Coffs Harbour The Hoey Moey, C.ex Coffs, Coffs Hotel, Plantation Hotel, Park Beach Bowling Club, The Coast Hotel, Jetty Memorial Theatre and Element Bar
- Sawtell Sawtell Hotel, Sawtell RSL and 63 On First
- Bellingen Federal Hotel, Digger's Tavern and 5 Church St
- Urunga Ocean View Hotel
- · Woolgoolga Seaview Tavern





#71 Seafood

Coffs Coast is known for its fabulous seafood fresh from the ocean. Watch fishermen unload their fresh daily catch at the **Fishermen's Co-op** before buying it in the Co-op. Other places to feast on seafood include **Cex Coffs** seafood buffets, **Latitude 30, Yknot Bistro, Deep Sea Fishing Club** and **Seasalt** at the Jetty, **Anchors Wharf** in Urunga, **Surf Street Cafe** in Emerald Beach and a variety of other casual cafes such as **White Salt** in Woolgoolga, and award winning restaurants on Coffs Coast.

#72 Pick Fresh Produce

Calling all gardeners and gourmets! Get off the tourist trail and discover the local community gardens in Bellingen and Coffs Harbour. Take a tour with one of the local gardeners and discover the sprawling maze of intensely cultivated organic food crops. The innovative gardens offer inspiring ideas, plants and of course produce that you can take back to cook up a meal with. Visit Bellingen Community Gardens, Coffs Regional Community Garden or Northbank Community Gardens for events, workshops, pizza nights and music.

#73 Sunday Sessions

Enjoy a sundowner drink and a bite to eat to celebrate the weekend with some background music at:

- Element Bar at Coffs Harbour Jetty, Hoey Moey or Park Beach Surf Club at Park Beach, The Coast Hotel up town in Coffs and Latitude 30 at the Marina.
- Federal Hotel in Bellingen

#74 Mini Golf

Putt putt or mini golf, whatever you like to call it Coffs Coast has it. Try your hand at glow-in-the-dark mini golf at the **Tabatinga Indoor Play Centre**, 9 holes outdoors at **Breakfree Aanuka Beach Resort**, 18 holes of outdoor putt-putt fun at **Raleigh Water Park** or **The Cove Miniature Golf** complete with Ned Kelly, and other Australiana themes for each hole at Opal Cove Resort, or a crazy 36 holes at **The Big Banana**



#75 Swim with a Dolphin

Here is your chance to swim and play with a dolphin or seal at the award-winning attraction, **Dolphin Marine Magic.**

Nowhere else can you enjoy such a close encounter with these friends from the sea. Different experiences enable you to be pushed through the pool by a dolphin, a shallow water experience with a seal, getting hugs or rides. Experiences are available for children and adults.



#76 Go Tobogganing

Do you feel the need for speed? **The Big Banana's** most loved and visited attraction, the Toboggan, offers a fast-track journey down the 650-metre track with panoramic views of the ocean. You control the speed, so you can go as slow or fast as you feel comfortable.

The experience is suitable for all ages though children aged 3 to 7 years must ride with a parent of guardian.

#77 Become a Knight

Have you ever dreamt of being a warrior? See, hold and swing a large range of historical swords; try on the armour of a medieval knight and a Viking.

Learn genuine sword techniques in three historic sword styles, and try out longbow archery from qualified instructors with the **Coffs Harbour Sword Club's** 'Ultimate Sword Experience'. A truly unique experience available during school and public holidays.

#78 Waterfalls

If you love the spectacular sounds of falling water, the spray in the air, photographing lush tropical falls or swimming in the fresh water, then Coffs Coast is for you.

With over 15 waterfalls dotted throughout the region from Dangar Falls to Crystal Shower Falls, Newell Falls to Ebor Falls you'll be overflowed with choices. You might even like to drive Waterfall Way to New England which includes over 10 waterfalls along the route.



#79 Go Bowling

Indoor, outdoor or barefoot you will be bowled over by choices:

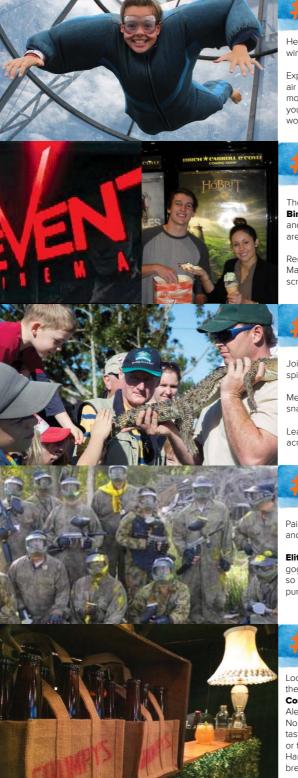
- · Bellingen Bowling & Sports Club
- Coffs Harbour C.ex Coffs, Club 300 Ten Pin Bowling, Kegal 9 Pin Bowling, Park Beach Bowling Club
- Dorrigo Bowling Club
- Sawtell Bowling & Recreation Club
- Urunga Club Urunga and North Beach Bowling Mylestom
- Woolgoolga C.ex Woolgoolga



Group fitness classes, spin and cycle studios, resistance training or even cardio, here are some indoor options for you to get physical

- Beachbodies Health Club, Coffs Jetty
- Coffs Coast Health Club, Toormina
- Curves Gym, Coffs Harbour
- Elite Training Centre, Pacific Bay Resort, Coffs Harbour
- · Genesis Fitness, Coffs Harbour and Toormina
- Powerhouse Gym, Homebase, Coffs Harbour





#81 Fly in a Wind Tunnel

Here's your chance to become a superhero in the new mobile wind tunnel with **Xtreme Bodyflight**.

Experience the thrill of body flight as you fly above a cushion of air blown vertically off ground level. In the safety of an enclosed mobile wind tunnel structure, professional instructors will guide your new flying experience. Watch out Superman and Wonder women!

#82 See a Movie

The perfect spot to catch the latest movies - even in 3D is with **Birch, Carroll and Coyle Cinemas.** Chicks at the Flicks, Mums and Bubs and other special events and a free loyalty programs are also available.

Reminisce in comfort at the recently refurbished historical Majestic Cinema in Sawtell, where the latest movies are screened in midst of decor screams that 'the good ole days'

#83 Pat a Python

Join Steve and Adam as they show you the slippery snakes, spiky lizards and cool baby croc's of the **Reptile World**.

Meet Leeroy, the black-headed python or Samantha the carpet snake during this fun and informative experience.

Learn all about our fellow fauna found both in the region and across other parts of Australia.

#84 Paintball

Paintball is one of the fastest growing action sports in Australia and it's great fun for all ages and grades of fitness.

Elite One Paintball offer semi-automatic paintball guns, anti-fog goggles, camouflage overalls, paintball harness and paintballs so that you have everything you need to get your adrenalin pumping. Get a group together and your set to start the action.

#85 Taste a Local Brew

Looking for a drop of local liquid amber? Enjoy the fruits of the labour with hand crafted beers by **The Bellingen Brewing Company** including Black Pig Porter, Darkwood Ale and Harvest

Company including Black Pig Porter, Darkwood Ale and Harvest Ale which can be enjoyed at numerous establishments including No. 5 Church Street in Bellingen. Slurp your way through a tasting paddle of hand crafted brews at 63 First Ave - Sawtell or for a non-alcoholic drop, visit Grumpy's Lounge in Coffs Harbour to sample their delicious concoctions of naturally brewed premium Ginger Beer.



#86 Join a Discovery Tour

National Parks (NPWS) Discovery Tours offer engaging ranger-guided walks, canoe trips and vehicle tours across the region of Coffs Coast.

From the ancient Gondwana rainforests at Dorrigo to the tranquil estuaries at Moonee and through to WilderQuest activities just for kids, Discovery Tours help your family share inspirational nature experiences together.



South Solitary Island is located 18 kms offshore north east from Coffs Harbour. The Lighthouse and Keepers Quarter's were built in 1880 and are considered the oldest in the area.

Join Precision Helicopters and National Parks and Wildlife Service (NPWS) for some wonderful heritage tours of the Island and its historic buildings, held just once a year in July. These historical and nature-based tours are a must see, must do experience.

#88 Sample Sweet Nectar

One of the most interesting attractions for all the family is to see the wonderful world of the Australian Honey Bee in the working hive at **The Honey Place** near Urunga.

Pass into the golden yellow beehive dome and inside you can view the Australian Native Bee, see if you can spot the queen bee and taste the range of Australian Pure Honeys.

#89 Mini Holland

For a glimpse into the world of a Dutch Village down underminiature style, step into the ${f Clog\ Barn}.$

The model village based on buildings in Holland has working windmills and a model railway train. It is here that you can also see the traditional Clog shoes being made out of timber before being hand-painted during three free demonstrations daily.

#90 Take a Harley Tour

Enlighten the senses aboard a chauffeured Harley with **A1 Coffs Coast Tours** and discover the diversity of the region from scenic coastal headlands to luscious rainforests.

Have your own two wheels? Download the free Coffs Coast Travel APP for a selection of scenic self-guided routes - FREE on iTunes and Google Play.





#91 Cocktail Time

From 'Espresso Martini' to 'Jimmy Chew'; 'The Backyard' to 'The Stinger', we have got your cocktail creations covered.

- Breakfree Aanuka Beach Resort
- · Charlies Bar, Novotel Pacific Bay Resort
- · Fiasco's, Coffs Harbour Jetty
- Latitude 30, Coffs Harbour Marina
- Liquid at The Coast Hotel
- Opal Cove Resort

#92 Dorrigo Skywalk

One of the regions most popular attractions is the well known Dorrigo Skywalk in the World Heritage Dorrigo National Park. This 70m long elevated walkway above the treetops provides a bird's eye view over the Bellinger Valley to the Pacific Ocean beyond and is wheel chair accessible.

While you are here, make the most of the beautiful rainforest and waterfall walks beneath the treetop canopy or take a look at the Dorrigo Rainforest Centre.

#93 Go Swimming

With 90 kilometres of golden sandy beaches, rivers, creeks, pools, estuaries and waterfalls there is always a swimming spot to cool down in. Patrolled beaches include Park Beach, Diggers, Sawtell, Woolgoolga and Red Rock. Summer patrols are also on Emerald, Corindi and Darlington/Lorikeet beaches.

Outside of our stunning natural settings for swimming, don't forget the public swimming pools at Bellingen, Coffs Harbour, Dorrigo, Sawtell, Nana Glen and Woolgoolga.

#94 Coastal Walks

The Solitary Island Coastal Walk is a 67km experience from Sawtell to Red Rock. It takes 3.5 days to complete in one stretch with plenty of rewarding distractions along the way. Or break it up into smaller sections from a 20min stroll. It's a world-class experience with sweeping ocean views, headlands and forested areas, wildlife encounters, remote beaches and both indigenous and non-indigenous cultural experiences. To support your walk there is plenty of places to stay, attractions and cafes along the way. More details at www.coffscoast.com.au/trails.

#95 Powerfan Drop

Climb 15m into the air strapped into a harness before stepping off a platform for an exhilarating resistance drop. The controlled fall of the powerfan drop is balanced against your body weight so is a nice and smooth descent offered by **Coffs Coast**

Adventure Centre.

High ropes, giant swing, leaps of faith, zorbs, horse husbandry, canoeing, archery, team-building.... only scratches the surface of what they can offer groups of a minimum of 10 people.



#96 Get Sporty

Come and enjoy a myriad of FREE sporting events at **C.ex Coffs International Stadium.** Whether it's Rugby League,
Football, AFL, Touch, Union, OZTAG or Athletics, we've got it
all!

For information on what sporting events are coming up, go to www.coffsharbour.nsw.gov.au and click on the 'events' tab.

#97 Abseiling & Climbing

All you need is climbing equipment and you can access our Coffs Coast crags for climbing. Great spots to visit are around Glenreagh including Fort Knox, Obscurity Wall, Wild Dog Wall, Wonderlands, Bunyip, Music Hall, Fun Parlour, and the small crag at Sherwood Rock.

For safety reasons we recommend going with an experienced climber which **Vertical Mania** can provide with a fun single day to more advanced climbing and rescue courses.

#98 Free Guided Tours

Discover the hidden gems of the region with these weekly free guided tours running year-round with the **Coffs Ambassador Tours.** Tours encapsulate the history, stories and wildlife of Bruxner Park, Moonee, Coffs Creek, Toormina, Woolgoolga Lake, Coramba and more.

Bookings can be made through the Visitor Information Centre.

#99 Rally Routes

There's a reason Coffs Coast has won the right to host the Australian and World Rally Championships multiple times - it's the diverse terrain and breath taking landscapes. You too can travel the rally routes carved out by over 100 drivers from around the world. Follow the 2013 OR 2014 routes as they traverses everything from forests to farmlands and the best of the back forest roads.

Visit www.coffscoast.com.au/trails for more route details.

#100 Crab Racing

Crab Racing is a great event for a Sunday afternoon. Bring the whole family, bid on your favourite coloured critter and then along with the crab racing commentator you can cheer it on.

You will find crab racing every Sunday at **The Hoey Moey** from lunchtime followed by their famous Sunday Session. All crab race auction money raised goes to Westpac Rescue Helicopters.



#101 Go to the Theatre

Built in 1927, the 250 seat **Jetty Memorial Theatre** is one of the highlights of the region's performing arts landscape and has been home to hundreds of local amateur performances, national and international stage-shows, comedy, music, drama, documentary films and professional touring acts.

It's intimate performance space allows you to truly connect with the show.



#101+

Of course there are more than 101 Things to Do on Coffs Coast. You can take salsa classes, go night spotting for wildlife, do a photography course, paint the local landscapes or why don't you share your favourite experience? Go to: www.facebook.com/coffscoast, www.instagram.com/coffscoastnsw

Where memories are made.

If you would like some help creating the ultimate Coffs Coast package for your next holiday, contact the friendly team at the Visitor Information Centre (VIC). They would be happy to design and book all your Coffs Coast travel arrangements for free so that you can get the most out of your stay.



Coffs Coast VIC T: 02 6648 4990 Free call 1300 369 070



Produced by Industry & Destination Development, Coffs Harbour City Council

Enquiries: Coffs Coast Visitor Information Centre T: 1300 369 070. E: tourism@coffscoast.com.au

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Get out and enjoy these major festivals and events on Coffs Coast.



lanuary

Screenwave International Film Fest.
Pittwater to Coffs Yacht Race
Putt Bennett Fishing Festival
Camp Creative Bellingen

February

State Junior Oztag Cinema under the Stars



/larch

bcu Coffs Triathlon Matthew Locke MG Charity Match Multicultural Festival National Touch League



April

Coffs Ocean Swims
Easter Fishing Classic
Billabong Oz Grom Cup
Coffs & Bellingen Ag Shows



Iviay

Japanese Childrens Festival Bald Archy Exhibition



Bellingen Readers Writers Festival Orara Valley Fair Coffs 4WD, Caravan & Camping Show



July

Bello Winter Music Festival Sawtell Chilli Festival Rotary Cartoon Awards



-Australian Surf Festival Gold Cup Race Carnival NAB Cycle Challenge Adventurethon - Fuelarama Off Shore Superboats

Septemb

Coffs Harbour Running Fest. Bellingen Music Festival Woolgoolga Curryfest International Buskers Festival

October

National Jnr Oztag Wahu Surfer Groms Comp. Dorrigo Folk Bluegrass Fest.

Novembe

Living Coast Festival National Senior Oztag World Rally Championships Dorrigo Show



)ecember

Coffs Jetty Carnival Christmas Carols EMSLA Exhibition

Go to WWW.COffscoast.com.au for a full listing of events.

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Anchors Wharf Restaurant www.anchorswharf.com T 02 6655 5588 ARB 4WD and Ute Extras www.4wdcoffs.com.au T 02 6651 6 461 Artisti Espresso www.nistis.com.au T 0434 700 910
Beachbodies Health Club www.beachbodies.net.au T 02 6652 1428
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C.ex Coffs www.cex.com.au T 02 6652 3888 C.ex Coffs International Stadium www.coffsharbour.nsw.gov.au. T 02 6648 4950 C.ex Urunga www.cex.com.au T 02 6655 6161 C.ex Woolgoolga www.cex.com.au T 02 6652 3888 Cheesemaking Workshop www.thecheesemakingworkshop.com.au T 02 6656 2335 Clog Barr (The) www.clogbarn.com.au T 02 6652 4633 Club 300 Bowling & Bar www.club300.com.au T 02 6652 5666 Club Urunga <u>www.urungabowlingclub.com.au</u> T 02 6655 6258 Coast Hotel (The) <u>www.coasthotel.com.au</u> T 02 6652 3007 Coffs Aero Club www.coffsharbouraeroclub.com T 02 6652 2992 Coffs Ambassador Tours www.coffsambassadors.com.au T 02 6648 4668 Coffs City Skydivers www.coffsskydivers.com.au T 02 6651 1167 Coffs Coast Adventure Centre www.coffscoastadventurecentre.com.au T 02 6653 5311
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Coffs Harbour Regional Botanic Garden www.ncrbg.com.au T 02 6648 4542
Coffs Harbour Regional Gallery www.coffsharbour.nsw.gov.au T 02 6648 4863 Coffs Harbour Regional Museum www.coffsharbour.nsw.gov.au T 02 6648 4847 Coffs Harbour Sword Club www.coffsharbourswordclub.com T 02 6651 4059 Coffs Hotel www.coffsharbourhotel.com T 02 6652 3817 Coffs Jetty SUP Hire www.coffsjettysup.com.au T 0422 391 951 Cougar Cat 12 www.cougarcat12.com.au T 02 6651 6715 Cove Miniature Golf (The) www.thecoveminiaturegolf.com.au T 02 6651 0548 Curves Gym www.curves.com.au T 02 66511278

Deep Sea Fishing Club www.deepseafishingclub.com.au T 02 66521534

Detour www.coffsharbourdetour.com.au T 0407 300 690 Diggers Tavern www.diggerstavern.com.au T 02 6655 0007 Dive Quest www.divequest.com.au T 02 6654 7619 Dolphin Marine Magic <u>www.dolphinmarinemagic.com.au</u> T 02 6659 1900 Dorrigo Bowling Club <u>www.dorrigobowlingclub.bowlsnet.com.au</u> T 02 6657 2166 Dorrigo Memorial RSL & Golf Club <u>www.dorrigorslgolf.com.au</u> T 02 6657 2294 Dorrigo Rainforest Centre www.environment.nsw.gov.au T 02 6657 2309 East Coast Surf School www.eastcoastsurfschool.com.au T 02 6651 5515
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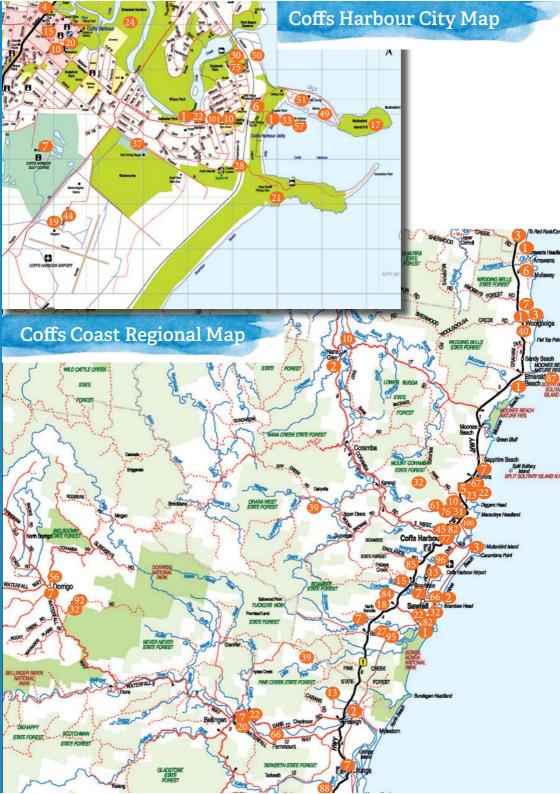
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Woolgoolga Art Gallery www.woolgoolgagallery.com.au T 02 6654 1054
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Xtreme Bodyflight www.xtremebodyflight.com.au T 0413 883 926 Yarrawarra Cultural Centre www.yarrawarra.org T 02 6640 7100 Yknot Bistro www.yknotbistro.com.au T 02 6651 1741





For more than '101 Things to Do' details, go to:



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